

TBZBHT01 BHUTAN 2N THIMPHU, 2N PUNAKHA, 2N PARO 6 Nights & 7 Days



TOUR SUMMARY

DAY	OVERNIGHT	PARTICULAR
Day 1	ТНІМРНИ	PARO ARRIVAL AND TRAN <mark>SFER TO</mark> THIMPHU (51KM / 1HRS 30 MNT)
Day 2	THIMPHU	THIMPHU SIGHTSEEING
Day 3	PUNAKHA	TRANSFER THIMHU TO PUNAKHA (<mark>85</mark> KM / 3HRS)
		SIGHTSEEING : DOCHULA PASS, PUNA <mark>KH</mark> A DZONG, CHIMI LHAKHANG,
		SUSPENSION BRIDGE
Day 4	PUNAKHA	PUNAKHA SIGHTSEEING
		SIGHTSEEING : RINCHENGANG, WANGDI <mark>DZ</mark> ONG, BLACK NAKED CRANE
Day 5	PARO	TRANSFER PUNAKHA TO PARO (176KM / <mark>5HRS)</mark>
		SIGHTSEEING : DOCHULA LA PASS , TA DZ <mark>ONG, NATIONAL MUSEUM,</mark>
		RINPUNG DZONG
Day 6	PARO	PARO SIGHTSEEING
		SIGHTSEEING: TAKTSHANG MONASTERY
Day 7	DEPARTURE	

DETAIL ITINERARY

DAY 1
PARO ARRIVAL AND TRANSFER TO THIMPHU (51km / 1hrs 30mnt)
OVERNIGHT: THIMPHU (7,710 ft.)

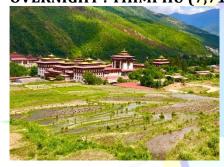






On arrival at Paro International Airport, our team will meet and greet, transfer to Thimphu (7,710 ft.) the capital city of Bhutan. En-route we will stop over Tachogang Lhakhang for taking beautiful photo of suspension bridge built over Paro River for the temple otherside. On arrival check in at the hotel. Evening explore the Thimphu town by walk. Overnight at Thimphu

DAY 2
THIMHU SIGHTSEEING
OVERNIGHT: THIMPHU (7,710 ft.)







After breakfast, sightse<mark>ein</mark>g in Thimphu valley including visit to the following :

The Kuensel Phodrang or the Buddha point is the world's largest sitting **B**uddha statue, the statue is 167 feet high. The statue is situated on top of a hill overlooking the city of **Timphu**, it can be accessed by road and is about 15 minutes away from the city's center. The word Kuensel means everything is clear and from this place you will sure enjoy a great view of the Thimphu **Valley** on both sides. The statue is constructed out of bronze and is **studded** with many semi-precious stones..

Sangaygang view point (2685 meters) to have view of whole Thimphu valley and walk through hundreds of colourful prayer flags that dot the hill overlooking the valley.

Then drive to **Takin Reserve Centre**. The takin, the national animal of Bhutan can be seen here. This particular animal is found only in the Himalayan region.

Later in the evening visit **Tashi Chho Dzong** is a Buddhist monastery cum fortress at the northern edge of Thimpu the capital city of Bhutan. The Dzong was built on the western bank of the river Wang Chu, and has historically served at the seat of the DrukDesi or the Dharma Raja of Bhutan's government. Evening back to hotel.

Overnight at Thmiphu.

DAY 3 TRANSFER THIMHU TO PUNAKHA (85KM / 3HRS) OVERNIGHT: PUNAKHA (4074 ft.)







After breakfast drive up to **Dochu-la pass** (3,088m/10,130 ft) stopping briefly here to take in the view and admire the chorten, mani wall, and prayer flags which decorate the highest point on the road. If skies are clear, the following peaks can be seen from this pass: Masagang 7,158m), sendagang (6,960m), Terigang (7,060m), Jejegangphugang (7,158 m), Kangphugang (7,170 m) Zongphugang (7,060 m), a table mountain that dominates the isolated region of Lunana - finally Gangkar puensum, the highest peak in Bhutan at 7,497m.

Continue drive towards Punakhaa,. Situated at an altitude of 1300m/4265ft, Punakha is blessed with a temperate climate and owing to its natural drainage from Pho Chhu (male) and Mo Chhu (female) rivers, this valley produces abundant crops and fruits. Until 1955 Punakha served as the capital of Bhutan, and still today serves as the winter residence of the monk body.

Later visit the **Punakha Dzong**. Built strategically at the junction of Pho Chhu and Mo Chhu rivers in 1637 by Shabdrung Ngawang Namgyal to serve as the religious and administrative centre of the region, Punakha Dzong has played an important role in Bhutan's history. Damaged by four catastrophic fires and an earthquake, the Dzong has been fully restored by the Fourth King.

Later embark on a short interesting walking excursion to **Chimi Lhakhang**: Situated on a hillock in the centre of the valley, this temple is dedicated to Lama Drukpa Kuenley, who in the late 15th century used humor, songs and outrageous behaviour to dramatize his teachings and due to this also known as Divine Madman'. This Lhakhang is also known as the temple of fertility. It is widely believed that couples who do not have children and wanting one, if they pray at this temple, they are usually blessed with a child very soon.

Punakha suspension bridge is the second longest suspension bridge in Bh<mark>utan and connects the old administrative centre of Punakha Dzongkhag to the rest of the valley. It is perched high above the swift river Po Chu and spans about 160-180 meters in length. This iron chain bridge has been a precursor for modern suspension bridges in the world. For all the adrenaline junkies, here is a handy guide to the beautiful yet scary suspension bridge in Bhutan. Evening back to hotel.

Overnight at Punakha</mark>

DAY 4 PUNAKHA SIGHTSEEING OVERNIGHT: PUNAKHA (4074 ft.)



After breakfast proceed for **Khamsum Yulley Namgyal Chorten** sits majestically on a ridge above Punakha valley with amazing view of the countryside and the hills below. It was built by the Queen Mother to ward off evil forces and bring peace and harmony for all living beings. It is one of the finest examples of Bhutanese architecture.

It is located about 30 minutes drive from the town and a 45 minutes uphill hike from the base of the hill through rice fields. On the return walk there is an option to hike along the riverside, following the ancient trail that goes through farmlands, village homes and arrive near Punakha. This additional hike takes

about two hours and in particular worth for birding and to enjoy the country side views. Evening back to hotel. Overnight at Punakha

DAY 5

TRANSFER PUNAKHA TO PARO (125KM / 4HRS 30MNT)

OVERNIGHT: PARO

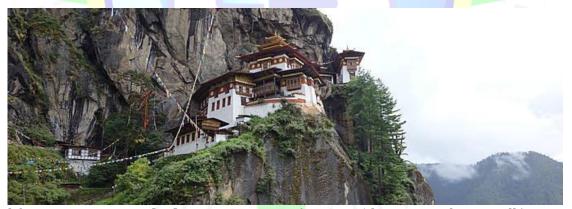




Morning retrace the drive back to Paro crossing over **Dochula La pass**. Later in the day after checking into hotel, proceed to visit **Ta Dzong**, originally built as watch tower, which now houses **National Museum**. The extensive collection includes antique thangkha paintings, textiles, weapons & armor, household objects and a rich assortment of natural and historic artifacts.

Then walk down the trail to visit **Rinpung Dzong**, meaning ('fortress of the heap of jewels'), which has a long and fascinating history. Along the wooden galleries lining the inner courtyard are fine wall paintings illustrating Buddhist lore such as four friends, the old man of long life, the wheel of life, scenes from the life of Milarepa, Mount. Sumeru and other cosmic Mandala. Evening back to hotel. Overnight at Paro

DAY 6 PARO SIGHTSEEING OVERNIGHT: PARO



After breakfast excursion to **Taktshang Monastery** (approx. 5 hours round trip walk). It is one of the most famous of Bhutan's monasteries, perched on the side of a cliff 900m above the Paro valley floor. It is said that Guru Rinpoche arrived here on the back of a tigress and meditated at this monastery and hence it is called 'Tiger's Nest'. This site has been recognized as a most sacred place and visited by Shabdrung Ngawang Namgyal in 1646 and now visited by all Bhutanese at least once in their lifetime.

Later in the afternoon, drive to the base of Drukgyel Dzong, a ruined fortress where Bhutanese warriors fought Tibetan invaders centuries ago. The snowy dome of sacred Chomolhari, "mountain of goddess" can be seen in all her glory from the approach road to the Dzong. Nearby visit a traditional farm house, which offers deep insight into lifestyle of local people especially the village. folks. While returning to the hotel, along the way, visit the 7th century Kyichu Lhakhang, one of the 108 temples built. in the Himalayas by Tibetan King, Songtsen Gampo. The building of this temple marks the introduction of Buddhism in Bhutan. Evening back to hotel. Overnight at Paro

DAY 7 DEPARTURE

OVERNIGHT: MEAL: BREAKFAST After breakfast at Hotel you will proceed to Airport to Catch your Flight for your onward destination with sweet holiday Memories. Tour End







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